HE- HEALTH EDUCATION

HE 1010 Foundations of Health and Health Promotion Cr. 3
Foundations of the community health education profession and practice, including history, settings, organizations, ethics and employment. Offered Yearly.

HE 2310 Dynamics of Personal Health Cr. 3
Critical health issues relevant to both traditional and non-traditional college students today. In-depth study of varied health issues and applications to personal, family and community needs. Offered Every Term.

HE 2320 Advancing Policy in Community Health Education Cr. 3
Provides an overview of the community health policy process, advocacy and social, political and environmental issues affecting urban populations. Offered Biannually.

HE 3300 Health of the School Child Cr. 3
Health status and problems of school-age children. Role of teacher and schools in promoting healthy behavior. Emphasis on impact of institutional forces (e.g., family, media) on development of children's health beliefs and behavior. Offered Every Term.

HE 3330 Methods in Teaching Health Cr. 3-4
Principles, curriculum development, and techniques in teaching health at elementary and secondary school levels. Offered Fall.

HE 3344 Methods and Materials in Community Health Education Cr. 3
Frameworks, practical applications and mechanics of conducting health interventions in community settings. Offered Biannually.

HE 3350 Family and Reproductive Health Cr. 3
Relationships between dietary intake and health status in various populations. Role and responsibilities of health educators in nutrition programs. Concepts from health psychology applied to school and community approaches. Offered Fall, Winter.

HE 3440 Nutrition and Health Education Cr. 3
Body system impairments from disease, injury or congenital abnormalities that relate to morbidity and mortality in the U.S. Signs, symptoms, causes, prevention, and treatment. Offered Fall, Winter.

HE 3500 Human Disease Cr. 3
Solving a specific personal health problem or studying a specific community health problem under the guidance of divisional staff. Offered Every Term.

HE 3990 Individual Problems in Health Cr. 1-3

HE 4010 Foundations of Community Health Program Planning Cr. 3
Introduction and practical application of health promotion program planning, including: developing a need assessment, recruiting community support, writing program goals and objectives, developing a program plan, identifying existing interventions and/or designing new intervention activities to address program objectives, using theory to enhance effective programming, program implementation, budgeting and measurement. Offered Fall.

HE 4340 Family and Reproductive Health Cr. 3
Program planning, curriculum development and classroom teaching strategies in the areas of human sexuality, reproductive health and venereal disease, family planning and family health. Course will satisfy Michigan Department of Education requirements for teaching in these areas. Offered Fall.

HE 4901 Health Education Internship I Cr. 3
Undergraduate community health students apply their knowledge and skills in a supervised situation; includes both observation and participation with the health education professionals at the internship site. Offered Every Term.

HE 4902 Health Education Internship II Cr. 4-9
Second of two internships; students contribute expertise and enthusiasm to their host agency and demonstrate their ability to perform the duties of a professional health educator. Offered Every Term.

HE 5220 Health Behavior Change Cr. 3
Principles of behavior modification; theories of health behavior and program planning as they relate to health promotion and wellness. Offered Biannually.

HE 5440 Mental Health and Substance Abuse Cr. 3
Foundations of health, research methods, biological foundations of health/illness, stress, nutrition, obesity, eating disorders, substance abuse and health, cardiovascular disease, diabetes and health, exercise and cancer; HIV, AIDS, and health; pain management and patient behavior, complementary and alternative medicine, health psychology across the life span. Offered Fall.

HE 5522 Health Psychology Cr. 3
Introduction and practical application of health promotion program planning, including: developing a need assessment, recruiting community support, writing program goals and objectives, developing a program plan, identifying existing interventions and/or designing new intervention activities to address program objectives, using theory to enhance effective programming, program implementation, budgeting and measurement. Offered Fall.

HE 5620 Performance Based Assessment in Health Education Cr. 3
Assessment and evaluative techniques applied to health education, including test construction and performance-based assessment. Designed to meet assessment and evaluative competencies required for entry-level health teachers in Michigan. Offered Spring/Summer.

HEA 2310 with a minimum grade of D- OR HE 2310 with a minimum grade of D- OR HE 3300 with a minimum grade of D- OR HE 3344 with a minimum grade of D- OR (HEA 2310 with a minimum grade of D- OR HE 3300 with a minimum grade of D- OR HE 3344 with a minimum grade of D- OR (HE 5993 with a minimum grade of D-) OR (KHS 5522 with a minimum grade of D-)

HE 2310 with a minimum grade of D- OR HE 3300 with a minimum grade of D- OR HE 3344 with a minimum grade of D- OR HE 5220 with a minimum grade of D-

HE 4901 with a minimum grade of D- OR HE 4010 with a minimum grade of D- OR HE 5220 with a minimum grade of D-

HE 5220 with a minimum grade of D- OR HE 4010 with a minimum grade of D- OR HE 5220 with a minimum grade of D-

HE 5993 with a minimum grade of D- OR (KHS 5522 with a minimum grade of D-)

Repeatable for 9 Credits
HE 5780 Directed Student Teaching Cr. 10
Secondary school teaching experience. Offered Fall, Winter.
**Restriction(s):** Students with a class of Freshman or Sophomore may not enroll, student with a major of Education General, No Major, Level 1 - Elementary Education, Level 1 - Kinesiology, PB Pre Teaching Cert, Level 1 - Secondary Education or Level 1 - Special Education may not enroll, enrollment limited to students in the College of Education.

HE 5993 (WI) Writing Intensive Course in Health Education Cr. 0
Disciplined writing assignments under direction of a faculty member. Satisfies University General Education Writing Intensive Course in the Major requirement. Offered Fall.
**Prerequisites:** PSY 1010-6999
**Corequisite:** HE 5522
**Restriction(s):** Students with a class of Freshman or Sophomore may not enroll, enrollment limited to students with a major, minor, or concentration in Health Education or Health Education Honors.

HE 6350 Health Education and the Nation's Health Cr. 3
Introductory course for graduate health program. Current national health status; contributory factors including: behaviors linked to disease, policies, problems in the health care system and delivery of health care. Offered Biannually.

HE 6420 Introduction to Health Education Program Design Cr. 3
Overview of health education program process in all practice settings. Introduction to needs assessment, objective writing, staff training, and evaluation in health education. Offered Biannually.
**Restriction(s):** Enrollment is limited to students with a major in Health Education, enrollment is limited to Graduate level students.

HE 6430 (WI) School Health Curriculum Cr. 3
Principles and application of school health programming. Philosophy and foundations of health education, conducting a needs assessment and design instruction based on the assessment, implementing and evaluating the instruction, implementation of skills in a secondary classroom, assessment of the process. Satisfies General Education program Writing Intensive requirement for health teaching majors. Offered Winter.
**Prerequisite:** HE 3330, with a minimum grade of D-; HE 6500, with a minimum grade of D-

HE 6500 Comprehensive School Health Education Cr. 3
Overview of comprehensive school health education. Study of major comprehensive health curricula with intensive training in the Michigan Model. This class leads to certification to teach the Michigan Model in public schools. Offered Fall.
**Prerequisite:** HEA 2310, with a minimum grade of D-; HE 3300, with a minimum grade of D-; HE 4340, with a minimum grade of D-; HE 5440, with a minimum grade of D-
**Restriction(s):** Students with a class of Freshman or Sophomore may not enroll, student with a major of Education General, No Major, Level 1 - Elementary Education, Level 1 - Kinesiology, PB Pre Teaching Cert, Level 1 - Secondary Education or Level 1 - Special Education may not enroll, enrollment limited to students in the College of Education.

HE 6501 Measurement and Evaluation in Community Health Education Cr. 3
Frameworks, principles, models and strategies for evaluating health education programs. Offered Biannually.
**Prerequisites:** HE 6420 with a minimum grade of C

HE 6530 Principles and Practice of Health Education and Health Promotion Cr. 3
Principles, resources and practical application of community health education in various settings, with emphasis on the role of the community health education specialist. Offered Biannually.

HE 6550 Teaching Methods and Techniques in Health Education Cr. 3
Strategies employed in dissemination of health information in the community and school system. Integration of cognitive skills, behavior change theory, and materials used to produce effective health instruction. Offered Biannually.

HE 7310 Psychology of Learning Across Development Cr. 3
A selection of human development and learning theories and concepts emphasizing application to various professional contexts, e.g., community, health, business, school, and other organizational settings; focus is on late adolescence (ages 18-22) and adulthood. Offered Yearly.
**Equivalent:** EDP 7310