HEALTH EDUCATION (M.ED.)

Health Education is a professional field that is expanding rapidly, primarily because of recent Federal legislation that has emphasized health promotion and disease prevention as major priorities of national health and social policy. The goal of health education is to facilitate voluntary health-related behavioral and social change through application of the principles of the behavioral and social sciences. As such, health education is concerned with helping individuals and groups to assume responsibility for their health by learning and adopting behaviors, and by supporting social policies that can promote and maintain health. To this end, those earning a Master of Education with a major in health education develop competencies in: assessing individual and group needs for health education; planning, implementing, and evaluating effective health education programs; coordinating provisions for health education; acting as resource persons in health education; and communicating health and health education needs, concerns and resources. Successful completion of the degree program prepares students to become Certified Health Education Specialists (CHES).

There are two different programs for this degree:

• M.Ed in Health Education for those pursuing employment with health departments, hospitals, businesses, and other community agencies.

• M.Ed in Health Education with a teaching endorsement in Health, grades 6-12

M.ED. IN HEALTH EDUCATION

The Master of Education with a major in health education degree is offered under the following plans:

• **Plan A:** Thirty-six credits including an eight-credit thesis

• **Plan B:** Thirty credits including a three credit project

• **Plan C:** Thirty credits (neither thesis or project required)

Requirements for this degree include: general professional education courses; specialization courses and elective courses. Professional education courses and electives should be chosen in consultation with an advisor. A minimum g.p.a. of 3.0 is required for graduation. All course work must be completed in accordance with the academic procedures of the College of Education (http://bulletins.wayne.edu/graduate/college-education/academic-regulations) and the Graduate School’s (http://bulletins.wayne.edu/graduate/general-information/degree-certificate-requirements) regulations governing graduate scholarship and degrees.

**General Professional Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EER 7630</td>
<td>Fundamentals of Statistics</td>
<td>3</td>
</tr>
<tr>
<td>HE 7310</td>
<td>Psychology of Learning Across Development</td>
<td>3</td>
</tr>
</tbody>
</table>

**Required Specialization Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HE 6350</td>
<td>Health Education and the Nation’s Health</td>
<td>3</td>
</tr>
<tr>
<td>HE 6420</td>
<td>Introduction to Health Education Program Design</td>
<td>3</td>
</tr>
<tr>
<td>HE 6530</td>
<td>Principles and Practice of Health Education and Health Promotion</td>
<td>3</td>
</tr>
<tr>
<td>HE 6501</td>
<td>Measurement and Evaluation in Community Health Education</td>
<td>3</td>
</tr>
<tr>
<td>HE 6550</td>
<td>Teaching Methods and Techniques in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>HE 5522</td>
<td>Health Psychology</td>
<td>3</td>
</tr>
<tr>
<td>KHS 8540</td>
<td>Theories of Health Behavior</td>
<td>3</td>
</tr>
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</table>

Select one of the following:  

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KHS 7999</td>
<td>Master’s Essay and Project Direction</td>
<td>3-8</td>
</tr>
<tr>
<td>KHS 8999</td>
<td>Master’s Thesis Direction</td>
<td></td>
</tr>
<tr>
<td>KHS 8750</td>
<td>Internship in KHS</td>
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</tbody>
</table>

Total Credits 30-35

**M. Ed. With Teaching Endorsement**

Teachers who possess a current Michigan teaching certificate may earn a health teaching endorsement by selecting this option.

The professional preparation in Health Education leading to a Master of Education degree with a teaching endorsement in Health grades 6-12 requires a minimum of thirty credits and is divided into two general areas of study: specialization courses (twenty-four credits) and general professional courses (six credits) as outlined below. This option for the MED in Health Education is offered as a Plan C option for which neither an essay/project or thesis is required.

**Pre-Requisite Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>LFA 2330</td>
<td>First Aid and CPR</td>
<td>3</td>
</tr>
<tr>
<td>HE 4340</td>
<td>Family and Reproductive Health (or equivalent)</td>
<td>3</td>
</tr>
</tbody>
</table>

**Required Health Education Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HE 5220</td>
<td>Health Behavior Change</td>
<td>3</td>
</tr>
<tr>
<td>HE 5440</td>
<td>Mental Health and Substance Abuse</td>
<td>3</td>
</tr>
<tr>
<td>HE 5620</td>
<td>Performance Based Assessment in Health Education</td>
<td>3</td>
</tr>
<tr>
<td>HE 6350</td>
<td>Health Education and the Nation’s Health</td>
<td>3</td>
</tr>
<tr>
<td>HE 6500</td>
<td>Comprehensive School Health Education</td>
<td>3</td>
</tr>
<tr>
<td>HE 6550</td>
<td>Teaching Methods and Techniques in Health Education</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one of the following:  

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KHS 6540</td>
<td>Workshop in Kinesiology, Health and Sport Studies</td>
<td>1-3</td>
</tr>
<tr>
<td>KHS 7990</td>
<td>Special Problems in KHS (Max. 9)</td>
<td></td>
</tr>
<tr>
<td>RLL 6802</td>
<td>Assessment and Differentiated Instruction for Diverse Learners: 6-12</td>
<td></td>
</tr>
<tr>
<td>HE 5522</td>
<td>Health Psychology</td>
<td>3</td>
</tr>
</tbody>
</table>

**General Professional Courses**

Select three of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CED 6700</td>
<td>The Role of the Teacher in Guidance</td>
<td>3</td>
</tr>
<tr>
<td>EDP 5480</td>
<td>Adolescent Psychology</td>
<td></td>
</tr>
<tr>
<td>EDP 7350</td>
<td>The Learning Process</td>
<td></td>
</tr>
<tr>
<td>EER 7630</td>
<td>Fundamentals of Statistics</td>
<td>3</td>
</tr>
<tr>
<td>EHP 7600</td>
<td>Philosophy of Education</td>
<td></td>
</tr>
</tbody>
</table>

Total Credits 34-36