AT - ART THERAPY

AT 6300 Explorations in Art Therapy Cr. 3
Provides an introduction to art therapy, its history and development, and major approaches. Offered Yearly.

AT 6320 Art Therapy: Introduction and Ethics Cr. 3
Introduction to and ethics of art therapy practice. For graduate students enrolled in the Art Therapy Program. Offered Yearly.
Restriction(s): Enrollment is limited to Graduate level students.
Course Material Fees: $25

AT 6340 Theory of Art Therapy Cr. 3
Slide lectures, studio experiences, assigned readings, discussions, and critical evaluations in the history and literature of art therapy and closely-related fields. Offered Yearly.

AT 6360 Aspects of Art Therapy Cr. 1
Aspects of the use of art therapy chosen to develop students’ breadth or depth in art therapy practice with various groups and settings. Offered Yearly.
Repeatable for 12 Credits

AT 7000 Research in Art Therapy Cr. 3
Skill development in the three primary areas: information access through the variety of resources available in a university library; comprehension and evaluation of technical literature; employment of APA style in technical writing. Offered Yearly.
Restriction(s): Enrollment is limited to Graduate level students.

AT 7300 Studio Art Therapy Cr. 3
This studio experience will explore a holistic, arts-based approach to the therapeutic process. Because art therapy begins with the art therapist, a focus is placed on actively developing personal and professional identity through one’s own artwork. Offered Yearly.
Restriction(s): Enrollment is limited to Graduate level students.
Course Material Fees: $25

AT 7310 Art Therapy with Groups Cr. 3
Therapeutic factors of groups; facilitation of art therapy groups. Offered Winter.
Prerequisites: AT 6320 with a minimum grade of C and AT 6340 with a minimum grade of C
Restriction(s): Enrollment is limited to Graduate level students.
Course Material Fees: $25

AT 7330 Art Therapy with Children and Adolescents: Assessment and Practice Cr. 3
Slides, lectures and studio experiences relating to the research, theory and practices of art therapy with children. Offered Every Other Year.
Restriction(s): Enrollment is limited to Graduate level students.
Course Material Fees: $25

AT 7340 Art Therapy with Adults and Families: Assessment and Practice Cr. 3
This course offers an in-depth presentation of theory, practice, and assessment with adults and families. Emphasis is on the student developing knowledge of art therapy assessment techniques. The student will also begin to develop treatment skills to be used with clinical adult populations, including families, addictions and trauma. Areas to be covered include use of appropriate art assessments with adults, families and groups; types of assessment techniques available to art therapists; interpretation of the art produced during the assessment; and use of this knowledge in treatment. Offered Yearly.
Restriction(s): Enrollment is limited to Graduate level students.
Course Material Fees: $25

AT 7380 Art Therapy Practicum Cr. 3
Art Therapy practicum experience with children, adults, groups, and individuals. Includes: assessment, treatment planning, session facilitation, written case summary and case study presentation. Offered Yearly.
Prerequisite: AT 6320 with a minimum grade of C and AT 6340 with a minimum grade of C and AT 7310 with a minimum grade of C and AT 7340 with a minimum grade of C and AT 7500 with a minimum grade of C
Restriction(s): Enrollment is limited to Graduate level students.

AT 7500 Cultural and Social Diversity in Art Therapy Cr. 3
The course provides art therapy and counseling students with discipline-specific experiences, current theoretical perspectives, and best practices to develop culturally appropriate, collaborative, and productive therapeutic relationships with clients and enhance the effectiveness of their work in diverse and multicultural therapeutic environments. Students will recognize the impact of oppression, prejudice, discrimination, and privilege on access to mental health care and develop responsive practices that include empowerment, advocacy, and social justice action. Additionally, students will integrate new knowledge of cultural diversity, microaggressions, long-term effects of historical oppression, and common cultural beliefs and practices into students’ daily and professional interactions with others, enabling effective professional practice within our multicultural society, classrooms, and therapeutic settings. Offered Winter.
Restriction(s): Enrollment is limited to Graduate level students; enrollment limited to students in the College of Education.

AT 7890 Art Therapy Internship Cr. 1-6
Supervised internship in the practice of art therapy with individuals, groups and/or families. Students complete internship hours at predetermined site(s) off campus, and participate in on-campus seminars and individual supervision. Offered Every Term.
Restriction(s): Enrollment is limited to Graduate level students.
Repeatable for 6 Credits

AT 7999 Art Therapy Master’s Project and Specialization Cr. 3
This course provides students with the opportunity to integrate knowledge in their field using art-based and other established research methods, innovative methods of inquiry, clinical practice, or a synthesis of these methods. An original culminating research project produced in this course offers an opportunity for specialization and furthers students’ professional goals. Offered Yearly.
Prerequisite: AT 7000 with a minimum grade of C or EER 7640 with a minimum grade of C
Restriction(s): Enrollment limited to students with a class of Candidate Masters; enrollment is limited to Graduate level students.