HE 1010 Foundations of Health and Health Promotion Cr. 3
Foundations of the community health education profession and practice, including history, settings, organizations, ethics and employment. Offered Yearly.
Restriction(s): Enrollment is limited to Undergraduate level students.
HE 2310 Dynamics of Personal Health Cr. 3
Critical health issues relevant to both traditional and non-traditional college students today. In-depth study of varied health issues and applications to personal, family and community needs. Offered Every Term.
HE 2320 Advancing Policy in Community Health Education Cr. 3
Provides an overview of the community health policy process, advocacy and social, political and environmental issues affecting urban populations. Offered Every Other Year.
HE 3300 Health of the School Child Cr. 3
Health status and problems of school-age children. Role of teacher and schools in promoting healthy behavior. Emphasis on impact of institutional forces (e.g., family, media) on development of children's health beliefs and behavior. Offered Every Term.
HE 3330 Methods in Teaching Health Cr. 3-4
Principles, curriculum development, and techniques in teaching health at elementary and secondary school levels. Offered Fall.
Prerequisites: HE 3300 with a minimum grade of D- and HE 3440 with a minimum grade of D- and HE 4340 with a minimum grade of D- and HE 5440 with a minimum grade of D- and HEA 2310 with a minimum grade of D-
Restriction(s): Enrollment limited to students in the College of Education.
HE 3344 Methods and Materials in Community Health Education Cr. 3
Frameworks, practical applications and mechanics of conducting health interventions in community settings. Offered Every Other Year.
Prerequisites: HE 1010 with a minimum grade of D-
Restriction(s): Enrollment is limited to Undergraduate level students.
HE 3440 Nutrition and Health Education Cr. 3
Relationships between dietary intake and health status in various populations. Role and responsibilities of health educators in nutrition programs. Concepts from health psychology applied to school and community approaches. Offered Fall, Winter.
Prerequisites: HEA 2310 with a minimum grade of D- or HE 2310 with a minimum grade of D- or HE 3300 with a minimum grade of D-
HE 3500 Human Disease Cr. 3
Body system impairments from disease, injury or congenital abnormalities that relate to morbidity and mortality in the U.S. Signs, symptoms, causes, prevention, and treatment. Offered Fall, Winter.
Restriction(s): Enrollment is limited to students with a major in Health Education, Health Education Honors, Kinesiology or Kinesiology Honors.
HE 3990 Individual Problems in Health Cr. 1-3
Solving a specific personal health problem or studying a specific community health problem under the guidance of divisional staff. Offered Every Term.
Prerequisite: HE 2310 with a minimum grade of C or HE 2320 with a minimum grade of C
Repeatable for 3 Credits
HE 4010 Foundations of Community Health Program Planning Cr. 3
Introduction and practical application of health promotion program planning, including: developing a need assessment, recruiting community support, writing program goals and objectives, developing a program plan, identifying existing interventions and/or designing new intervention activities to address program objectives, using theory to enhance effective programming, program implementation, budgeting and measurement. Offered Fall.
Prerequisites: HE 1010 with a minimum grade of C
HE 4340 Family and Reproductive Health Cr. 3
Program planning, curriculum development and classroom teaching strategies in the areas of human sexuality, reproductive health and venereal disease, family planning and family health. Course will satisfy Michigan Department of Education requirements for teaching in these areas. Offered Fall.
HE 4902 Health Education Internship Cr. 5-6
Students contribute expertise and enthusiasm to their host agency and demonstrate their ability to perform the duties of a community health professional. Offered Every Term.
Prerequisites: May be taken concurrently: HE 4010 with a minimum grade of D- and HE 5220 with a minimum grade of D- and HE 5993 with a minimum grade of D- or KHS 5522 with a minimum grade of D-
Restriction(s): Enrollment is limited to Undergraduate level students.
Course Material Fees: $16
Repeatable for 6 Credits
HE 5220 Health Behavior Change Cr. 3
Principles of behavior modification; theories of health behavior and program planning as they relate to health promotion and wellness. Offered Every Other Year.
Prerequisites: PSY 1010-6999 or AFS 2390 with a minimum grade of C or ENG 2390 with a minimum grade of C or ENG 3010 with a minimum grade of C or ENG 3020 with a minimum grade of C or ENG 3050 with a minimum grade of C
HE 5440 Mental Health and Substance Abuse Cr. 3
Identification, treatment, and prevention of mental health/substance abuse problems. How school-age children and their families are affected by these problems; role of the teacher. Offered Fall, Winter.
Restriction(s): Enrollment limited to students in the College of Education.
HE 5522 Health Psychology Cr. 3
Foundations of health, research methods, biological foundations of health/illness, stress, nutrition, obesity, eating disorders, substance abuse and health, cardiovascular disease, diabetes and health, exercise and cancer; HIV, AIDS, and health; pain management and patient behavior, complementary and alternative medicine, health psychology across the life span. Offered Fall.
Prerequisites: PSY 1010-6999
HE 5620 Performance Based Assessment in Health Education Cr. 3
Assessment and evaluative techniques applied to health education, including test construction and performance-based assessment. Designed to meet assessment and evaluative competencies required for entry-level health teachers in Michigan. Offered Spring/Summer.
Restriction(s): Enrollment limited to students in the College of Education.
HE 5780 Directed Student Teaching Cr. 10
Secondary school teaching experience. Offered Fall, Winter.
Restriction(s): Enrollment limited to students in the College of Education.
HE 5993 Writing Intensive Course in Health Education Cr. 0
Satisfies General Education Requirement: Writing Intensive Competency
Disciplined writing assignments under direction of a faculty member.
Satisfies University General Education Writing Intensive Course in the
Major requirement. Offered Fall.
Prerequisites: PSY 1010-6999 or AFS 2390 with a minimum grade of C
or ENG 2390 with a minimum grade of C or ENG 3010 with a minimum
grade of C or ENG 3020 with a minimum grade of C or ENG 3050 with a
minimum grade of C
Corequisite: HE 5522
Restriction(s): Enrollment is limited to students with a major, minor, or
concentration in Health Education or Health Education Honors.

HE 6350 Health Education and the Nation’s Health Cr. 3
Introductory course for graduate health program. Current national health
status; contributory factors including: behaviors linked to disease,
policies, problems in the health care system and delivery of health care.
Offered Every Other Year.

HE 6420 Introduction to Health Education Program Design Cr. 3
Overview of health education program process in all practice settings.
Introduction to needs assessment, objective writing, staff training, and
evaluation in health education. Offered Every Other Year.
Restriction(s): Enrollment is limited to Graduate level students;
enrollment is limited to students with a major in Health Education.

HE 6430 School Health Curriculum Cr. 3
Satisfies General Education Requirement: Writing Intensive Competency
Principles and application of school health programming. Philosophy
and foundations of health education, conducting a needs assessment
and design instruction based on the assessment, implementing and
evaluating the instruction, implementation of skills in a secondary
classroom, assessment of the process. Satisfies General Education
program Writing Intensive requirement for health teaching majors.
Offered Winter.
Prerequisite: HE 3330 with a minimum grade of D- or HE 6500 with a
minimum grade of D-
Restriction(s): Enrollment limited to students in the College of Education.

HE 6500 Comprehensive School Health Education Cr. 3
Overview of comprehensive school health education. Study of major
comprehensive health curricula with intensive training in the Michigan
Model. This class leads to certification to teach the Michigan Model in
public schools. Offered Fall.
Prerequisite: HEA 2310 with a minimum grade of D- and HE 3300 with
a minimum grade of D- and HE 3440 with a minimum grade of D- and
HE 4340 with a minimum grade of D- and HE 5440 with a minimum grade
of D-
Restriction(s): Enrollment limited to students in the College of Education.

HE 6501 Measurement and Evaluation in Community Health Education Cr. 3
Frameworks, principles, models and strategies for evaluating health
education programs. Offered Every Other Year.
Prerequisites: HE 6420 with a minimum grade of C or HE 4010 with a
minimum grade of C

HE 6530 Principles and Practice of Health Education and Health
Promotion Cr. 3
Principles, resources and practical application of community health
education in various settings, with emphasis on the role of the
community health education specialist. Offered Every Other Year.

HE 6550 Teaching Methods and Techniques in Health Education Cr. 3
Strategies employed in dissemination of health information in the
community and school system. Integration of cognitive skills, behavior
change theory, and materials used to produce effective health instruction.
Offered Every Other Year.

HE 6700 Grant Writing and Management in Health Sciences Cr. 3
Provides a hands-on approach to grant writing for health sciences
programs. Strategies and tactics for seeking out, developing and
managing proposals for health programs will be discussed. Offered Every
Other Year.
Restriction(s): Enrollment is limited to Graduate level students.

HE 7310 Psychology of Learning Across Development Cr. 3
Course blends a selection of human development and learning theories
and concepts; emphasizes application to various professional contexts,
e.g., community, health, business, school, and other organizational
settings; focus is on late adolescence (ages 18-22) and adulthood.
Offered Yearly.
Restriction(s): Enrollment is limited to Graduate level students.
Equivalent: EDP 7310

Restriction(s): Enrollment is limited to Graduate level students.