MD1 - MEDICAL SCHOOL: YEAR 1

MD1 5001 Human Body Foundations I Cr. 10
Human Body Foundations I is the first of a 3-part course series in the basic sciences that engages medical students with knowledge of the normal structure and function of the human body, prepares them for the study of human disease, sets the stage for success on the USMLE Step I exam, and provides the scaffolding on which the clerkship curriculum is built. Part I emphasizes fundamental principles in biochemistry, cell biology, embryology, histology, genetics, physiology, and pharmacology, and introduces students to the anatomical investigation of tissues and organs through full-body cadaver dissection beginning with the Musculoskeletal System. Offered Yearly.

MD1 5002 Human Body Foundations II Cr. 10
Human Body Foundations II is the second of a 3-part course series in the basic sciences that engages medical students with knowledge of the normal structure and function of the human body, prepares them for the study of human disease, sets the stage for success on the USMLE Step I exam, and provides the scaffolding on which the clerkship curriculum is built. Part II focuses on three organ systems of the body: Cardiovascular/Respiratory, Renal/Urinary, and Gastrointestinal, emphasizing fundamental principles of physiology, histology, biochemistry, pharmacology, genetics, and embryology, as well as anatomical study through full-body cadaver dissection of the visceral systems. Offered Yearly.

MD1 5003 Human Body Foundations III Cr. 10
Human Body Foundations III is the last of a 3-part course series in the basic sciences that engages medical students with knowledge of the normal structure and function of the human body, prepares them for the study of human disease, sets the stage for success on the USMLE Step I exam, and provides the scaffolding on which the clerkship curriculum is built. Part III focuses on the Reproductive & Endocrine Systems and the Central Nervous System and emphasizes fundamental principles of neuroscience, physiology, histology, embryology, genetics, biochemistry, and pharmacology. The sequence of full-body cadaver dissection is brought to a close with the anatomical investigation of pelvic and head & neck regions. Offered Yearly.

MD1 5050 Advanced Learning Strategies for Physicians in Training Cr. 2
Designed to provide students with knowledge, skills, and behaviors consistent with optimizing academic performance in the medical education learning environment. These include: using evidence-based programming designed to foster clinical/critical thinking skills, developing metacognitive awareness through exposure to and practice with highly effective learning techniques required for success in medical school, and assessing and providing feedback on information age competencies. Offered Yearly.

Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5051 Foundations of Normal Structure and Function Cr. 4
Introduces students to the study of medicine beginning with the exploration of life at the molecular and cellular levels. The course content is delivered by faculty whose expertise encompasses the disciplines of Biochemistry, Cell Biology & Histology, Human Genetics, Pharmacology, and Physiology. Themes will include: biological membranes; protein function; fundamentals of inter- and intracellular signal transduction, cellular energetics; introduction to the biochemical and physiological effects of pharmaceutical drugs (pharmacodynamics) and to how the human body processes drugs (pharmacokinetics); the flow of genetic information at the molecular level and on the basic principles of human genetics; and advanced topics in human genetics and pharmacology, and with the examination of human fetal development from fertilization through the first eight weeks of life. Offered Yearly.

Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5053 Block 3 Lab Cr. 2
The first portion of the course will cover the structure and function of the normal musculoskeletal, skin, peripheral nervous system. The second portion of the course will cover the structure and function of normal cardiopulmonary system. By the end of the course, students will be able to describe the gross anatomical structure, microanatomy, and normal development of these systems. They will also apply basic scientific principles from biochemistry, physiology, and pharmacology to describe the normal function. Offered Yearly.

Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5054 Normal Structure and Function of the Gastrointestinal, Renal, and Urinary Systems Cr. 3
Students will learn the structure and function of the normal gastrointestinal and urinary systems. By the end of the course, students will be able to describe the gross anatomical structure, microanatomy, and normal development of these systems. They will also apply basic scientific principles from biochemistry, physiology, and pharmacology to describe the normal function. The first portion of the course will cover the structure and function of the normal gastrointestinal system, including the oral cavity, the pharynx and esophagus, the stomach, the intestines, the anal canal, and the liver and associated digestive organs. The second portion of the course will cover the structure and function of the urinary system, including the renal system (kidneys) and the urinary tract. Offered Yearly.

Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5055 Block 4 Lab Cr. 1
Students will learn the structure and function of the normal gastrointestinal and urinary systems. By the end of the course, students will be able to describe the gross anatomical structure, microanatomy, and normal development of these systems. They will also apply basic scientific principles from biochemistry, physiology, and pharmacology to describe the normal function. The first portion of the course will cover the structure and function of the normal gastrointestinal system, including the oral cavity, the pharynx and esophagus, the stomach, the intestines, the anal canal, and the liver and associated digestive organs. The second portion of the course will cover the structure and function of the urinary system, including the renal system (kidneys) and the urinary tract. Offered Yearly.

Restriction(s): Enrollment limited to students with a class of Med First Year.
MD1 5056 Normal Structure and Function of the Reproductive, Endocrine, Blood, and Lymphatic Systems Cr. 3
Students will learn the structure and function of the normal endocrine and reproductive systems, as well as the structure and function of the components of blood and the normal lymphatic system. By the end of the course, students will be able to describe the gross anatomical structure, microanatomy, and normal development of these systems. They will also apply basic scientific principles from biochemistry, physiology, and pharmacology to describe the normal function. The first portion of the course will cover the structure and function of the normal reproductive and endocrine systems. The second portion of the course will cover the structure and function of normal blood and the lymphatic system, including an introduction to basic immunology. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5057 Block 5 Lab Cr. 1
Students will learn the structure and function of the normal endocrine and reproductive systems, as well as the structure and function of the components of blood and the normal lymphatic system. By the end of the course, students will be able to describe the gross anatomical structure, microanatomy, and normal development of these systems. They will also apply basic scientific principles from biochemistry, physiology, and pharmacology to describe the normal function. The first portion of the course will cover the structure and function of the normal reproductive and endocrine systems. The second portion of the course will cover the structure and function of normal blood and the lymphatic system, including an introduction to basic immunology. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5058 Normal Structure and Function of the Central Nervous System Cr. 3
Students will learn the structure and function of the central nervous system (CNS). By the end of the course, students will be able to describe the major pathways and centers in the brain and spinal cord and their normal function including the special senses. This will include the disciplines of Gross Anatomy, Microanatomy, Biochemistry, Cell Biology, Pharmacology, Physiology, and Development (both anatomical and behavioral). Students will be able to demonstrate application of the principles of normal structure and function to a clinical scenario involving damage to the central nervous system by predicting the outcome. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5059 Block 6 Lab Cr. 2
Students will learn the structure and function of the central nervous system (CNS). By the end of the course, students will be able to describe the major pathways and centers in the brain and spinal cord and their normal function including the special senses. This will include the disciplines of Gross Anatomy, Microanatomy, Biochemistry, Cell Biology, Pharmacology, Physiology, and Development (both anatomical and behavioral). Students will be able to demonstrate application of the principles of normal structure and function to a clinical scenario involving damage to the central nervous system by predicting the outcome. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5060 Clinical Skills Course I Cr. 5
Designed to develop and demonstrate foundational knowledge and basic clinical skills in history-taking, patient examination, oral case presentation, clinical reasoning and performance of procedures required to participate in clinical service learning activities. Students who are competent in these foundational skills will then proceed to develop advanced skills in patient interviewing and physical examination emphasizing a patient-centered empathic and compassionate approach incorporating the patient’s perspective, socioeconomic background and cultural intelligence, and protection of patient privacy required to participate in early clinical experiences. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5061 Clinical Skills Course II Cr. 3
Designed to develop and demonstrate foundational knowledge and basic clinical skills in history-taking, patient examination, oral case presentation, clinical reasoning and performance of procedures required to participate in clinical service learning activities. Students who are competent in these foundational skills will then proceed to develop advanced skills in patient interviewing and physical examination emphasizing a patient-centered empathic and compassionate approach incorporating the patient’s perspective, socioeconomic background and cultural intelligence, and protection of patient privacy required to participate in early clinical experiences. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5062 Population, Patient, Physician and Professionalism (P4) Part I Cr. 9
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5063 Normal Structure and Function of the Musculoskeletal, Skin and Peripheral Nervous Systems Cr. 2
The overall goal will be to engage students in the key concepts related to the pathogenesis, pathology, pathophysiology, basic principles of diagnosis and treatment of disease processes affecting the musculoskeletal organ system, skin and peripheral nervous system. Content areas include: review of the anatomy of the extremities and spine; upper and lower extremity fractures/injuries; development, normal structure/function and aging of bones and joints; metabolic and non-metabolic bone disease; scoliosis; disorders of the extracellular matrix and soft tissue; synovial fluid analysis; osteoarthritis; rheumatoid arthritis; septic arthritis; gout; CPPD deposition disease and pseudogout; ankylosing spondylitis; reactive arthritis; psoriatic arthritis; systemic lupus erythematosus; systemic sclerosis; skin tumors, rashes and infections; manifestations of neuromuscular diseases; and pharmacologic interventions for the treatment of musculoskeletal, peripheral nervous system and skin disorders. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.
MD1 5065 Normal Structure and Function of the Cardiopulmonary Systems Cr. 3
The cardiovascular system component includes: review of the normal anatomy, embryology and physiology of the cardiovascular system; systemic hypertension; atherosclerosis and ischemic heart disease; basic electrophysiological principles; ECG interpretation; valvular heart disease; examination of the cardiovascular system; diseases of the pericardium; tumors of the cardiovascular system; non-atherosclerotic vascular disease; primary myocardial disease; cardiovascular disease in the elderly; congenital heart disease; congestive heart failure; nutritional management of patients with cardiovascular disease will be discussed. The pulmonary system component includes: review of anatomy, histology and physiology of the respiratory system; arterial blood gases; numerous diseases associated with the pulmonary system; aging and the respiratory system; respiratory failure; introduction to sleep and sleep medicine; and relevant pharmacologic management of cardiovascular and pulmonary diseases. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5066 Block 3.5 Lab Cr. 3
Normal structure and function of cardiopulmonary systems lab. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5101 Clinical Skills 1-A Cr. 1
Learners will develop and demonstrate foundational knowledge and basic clinical skills in history-taking, patient examination, note writing, oral case presentation and performance of procedures required to participate in clinical service-learning activities. They will be introduced to advanced skills in patient interviewing and physical examination emphasizing a patient-centered, empathic, and compassionate approach, incorporating the patient’s perspective and socioeconomic background, and protection of patient privacy required to participate in early clinical experiences. They will also be introduced to basic clinical reasoning concepts. Offered Yearly.

MD1 5102 Clinical Skills 1-B Cr. 1
Learners will continue to develop and demonstrate foundational knowledge and basic clinical skills in history-taking, patient examination, note writing, oral case presentation, clinical reasoning and performance of procedures required to participate in clinical service-learning activities. They will practice advanced skills in patient interviewing and physical examination emphasizing a patient-centered, empathic and compassionate approach, incorporating the patient’s perspective and socioeconomic background, and protection of patient privacy required to participate in early clinical experiences. They will also practice basic clinical reasoning skills. Offered Yearly.

MD1 5103 Clinical Skills 1-C Cr. 1
Learners will demonstrate mastery of foundational knowledge and basic clinical skills in history-taking, patient examination, note writing, oral case presentation, clinical reasoning and performance of procedures required to participate in clinical service-learning activities. They will continue to develop advanced skills in patient interviewing and physical examination emphasizing a patient-centered, empathic and compassionate approach, incorporating the patient’s perspective and socioeconomic background, and protection of patient privacy required to participate in early clinical experiences. They will refine basic clinical reasoning skills. Offered Yearly.

MD1 5150 Community Engagement Part I Cr. 5
Provides students with an opportunity to explore the experience of underserved patients as they navigate for health and community services in Southeast Michigan. Meeting with agency leaders and staff, students will learn about program design, administration and operation. Students will interact with program participants to understand their circumstances and challenges patients with limited resources face. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5151 Leadership and External Affairs Development (LEAD) / Medical Political Action (MPAC) Cr. 5
Provides students with an opportunity to learn, practice and apply knowledge and skills as physician healthcare leaders and advocates. Students will engage in healthcare advocacy to improve healthcare for patients and communities and to improve the health systems that deliver care. Working with organized medicine, students will author resolutions and meet with governmental leaders to present and advocate for reforms to decrease health disparities. Students will learn about use of media as a tool for advocacy and learn about philanthropy as it relates to healthcare. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5153 Medical Research Elective Cr. 5
This research program is designed to prepare physicians who are committed to excellence by cultivating habits of research and inquiry. By participating in an investigative experience, it will also significantly impact and sharpen critical reasoning skills. Students who are educated in a research environment are stimulated to seek a deeper understanding of health and disease and develop their ability to analyze scientific literature, making them valued members of any medical field, whether it be academic medicine, community-based practice, health care policy, or emerging technologies. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.

MD1 5154 Medical Education Research Cr. 5
Offers students with an opportunity to explore the experiences of students to the field of medical education research and to have them participate in medical education research activities. Offered Yearly.

MD1 5155 Medical Education Research Cr. 5
Provides students with an opportunity to explore the experience of underserved patients as they navigate for health and community services in Southeast Michigan. Meeting with agency leaders and staff, students will learn about program design, administration and operation. Students will interact with program participants to understand their circumstances and challenges patients with limited resources face. Offered Yearly.
Restriction(s): Enrollment limited to students with a class of Med First Year.
MD1 5155 Business of Medicine Cr. 5
This course guides students through the economic, social, political, and technological trends shaping the business of healthcare. Healthcare expenditures flow across intersections of business and medicine affecting access, cost, and quality of care. The quest for improved patient outcomes fuels rapid changes in delivery systems due to technological advances. Technological advances also alter operational systems, insurance, patient engagement, etc. The purpose of this course is to explore the business of medicine, and for future physicians to develop a deeper understanding and gain insights into how they can affect the future of healthcare. Students will develop a multidisciplinary lens by learning from representatives of healthcare systems, policy makers, regulators, and individual stakeholders who influence both the rate and flow of healthcare expenditures. This exploration will traverse along a range of topics, with illustrative examples drawn from a variety of healthcare settings. Offered Yearly.

MD1 5201 Population, Patient, Physician and Professionalism (P4) 1-A Cr. 1
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5202 Population, Patient, Physician and Professionalism (P4) 1-B Cr. 1
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5203 Population, Patient, Physician and Professionalism (P4) 1-C Cr. 1
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5301 Service Learning 1-A Cr. 0
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient, and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5302 Service Learning 1-B Cr. 0
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient, and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5303 Service Learning 1-C Cr. 0
Provides students the opportunity to learn, practice, and apply knowledge and skills as a physician-in-training in diverse urban clinical and community outreach settings. Through large group sessions, small group sessions, online modules, self-directed reflective assignments, and clinical and community engagement, students will actively participate in activities demonstrating the interconnectedness of the population, patient, and physician. The course also emphasizes the need for students to quickly develop their professional identity as a physician-in-training by behaving professionally and demonstrating respect to their colleagues, faculty, patients and their families. By engaging early with patients and potential patients, students’ attitudes, as well as knowledge and skills, will be developed with a concentrated focus on understanding the patient’s perspective, leading to true patient-centered care. Offered Yearly.

MD1 5800 Directed Study Cr. 1-12
Individualized curriculum designed to enhance knowledge and skills in preparation for the next phase of medical school. Offered Yearly. **Restriction(s):** Enrollment limited to students with a class of Med First Year or Med Second Year; enrollment is limited to students with a major in Medicine; enrollment is limited to Medical level students; enrollment limited to students in the School of Medicine.
MD1 6698 Foundations Course: Fundamentals of Human Disease Cr. 8
The overall goal will be to engage medical students in learning the key concepts related to the mechanisms and consequences of human disease. Using examples from multiple body sites, this course will provide an in-depth study of basic pathologic processes. The major categories of disease to be covered will include: cellular adaptation and injury; inflammation and repair; circulatory disturbances; atherosclerosis; forensic pathology; immunopathology; neoplasia; genetic and pediatric diseases; environmental and nutritional disorders; infectious disease; and therapeutics. Within each of these categories, two concepts will be particularly emphasized: pathogenesis and altered morphology. Pathogenesis (mechanism of disease development) is reviewed primarily at the molecular and cellular level. It is at this step that the course will interface with biochemistry, pharmacology, cell biology, genetics, immunology, microbiology, and physiology. Offered Yearly.

MD1 6699 Populations, Patients, Physician, Professionalism and Clinical Skills Part I Cr. 1
The overall goals of the Populations, Patients and Professionalism Bridge course will be to engage first year medical students in learning about a special topic that occurs throughout a population residing within the city of Detroit as well as to understand basic principles about how to engage urban populations to achieve shared healthcare outcomes. Offered Yearly.