

# COMMUNITY HEALTH (B.S.)

The Bachelor of Science in Community Health prepares students for careers in the broad field of community health. Coursework includes training in health topics, intervention development and evaluation, health behavior theory, policy and teaching methods. The program also prepares students to take the Certified Health Education Specialist (CHES) exam, which is given by the National Commission for Health Education Credentialing, Inc. (NCHEC). This credential ensures that students are trained and qualified to plan and coordinate community health education programs. The B.S. in Community Health provides practical field experiences and experiential coursework to prepare students for employment in public or private agencies; local health departments; volunteer organizations; hospitals; health insurance companies; worksite/employee health promotion and wellness programs; and a variety of community-based organizations.

## Mission Statement

Our mission is to advance health equity through the preparation of Community Health Education Specialists who explore the multiple levels (individual, family, community, policy, systems) and social determinants that influence behavior and health. Community health professionals focus on the community as the setting for analysis, assessment, advocacy, program planning, intervention, evaluation, and research, and are committed to developing, enhancing and using evidence-informed strategies to improve population health.

## Admission Requirements

Admission requirements for this program are satisfied by the general requirements for undergraduate admission to the University.

Advising questions should be directed to the Division of Academic Services, College of Education, 489 Education, phone 313-577-1601.

## Program Requirements

A minimum of 120 credits are required for completion of this degree: satisfaction of the University General Education Program (<http://bulletins.wayne.edu/undergraduate/general-information/general-education/>). All coursework must be completed in accordance with the academic procedures of the College of Education (<http://bulletins.wayne.edu/undergraduate/college-education/academic-regulations/>) and the University (<http://bulletins.wayne.edu/undergraduate/general-information/>) governing undergraduate scholarship and degrees. All courses must be completed with grades of 'C' or better and an overall 2.0 grade point average, to meet College graduation requirements. Course changes may occur through periodic curriculum revision and students are urged to consult assigned advisors prior to each registration period to ensure that all requirements are met.

Code	Title	Credits
HE 1010	Foundations of Health and Health Promotion	3
HE 2310	Dynamics of Personal Health	3
HE 2320	Advancing Policy in Community Health Education	3
HE 3440	Nutrition and Health Education	3
HE 3344	Methods and Materials in Community Health Education	3
HE 3500	Human Disease	3
HE 4010	Foundations of Community Health Program Planning	3
HE 4902	Health Education Internship	5
HE 6310	Reproductive Health Education	3

HE 6320	Mental Health and Substance Abuse	3
HE 6330	Health Behavior Change	3
HE 6501	Measurement and Evaluation in Community Health Education	3
HE 5522	Health Psychology	3
LFA 2330	First Aid and CPR	3
<b>Other Requirements</b>		<b>76</b>
General Education Electives <sup>1</sup>		
<b>Total Credits</b>		<b>120</b>

<sup>1</sup> The Bachelor of Science (B.S.) with a major in Community Health requires the completion of 15 credits of approved program electives. Students can use these electives to pursue university minors in certain areas. Not more than three classes will be considered per subject area (i.e., PH, PSY, NFS, SOC, etc.). View a list of approved elective courses (p. 1). Other electives not listed can be approved by your assigned academic advisor.

## Community Health Electives

The Bachelor of Science (B.S.) with a major in Community Health requires the completion of 15 credits of approved program electives. Students can use these electives to pursue university minors in certain areas. Not more than three classes will be considered per subject area (i.e., PH, PSY, NFS, SOC, etc.). Other electives not listed can be approved by your assigned academic advisor.

Code	Title	Credits
AFS/HIS/US 2350	Black Detroit	3
AFS/SOC 2600	Race and Racism in America	3
ANT 2400	Food and Culture	3
ANT 3400	Introduction to Medical Anthropology	3
ANT/GLS/PH 3410	Global Health	3
ANT 5240	Cross Cultural Study of Gender	3
ANT 5400	Anthropology of Health and Illness	3
ARB 5700	Arabic for Healthcare Professions	3
CLA 1240	Etymology of Medical Terms	2
COM 3400	Theories of Communication	3
COM 5320	Health Communication	3
COM 5360	Gender and Communication	3
CRJ/GSW 2650	Gender and Crime	3
CRJ/PH 3050	Mental Health and Crime	3
CRJ 3110	Domestic Violence and Criminal Justice	3
CRJ/PH 4050	Crime and Public Health	3
CRJ 4230	Child Abuse and Neglect	3
DR 6120	Human Diversity and Human Conflict	3
ECO 5550	Economics of Health Care	4
EDP 5450	Child Psychology	2-3
EDP 5480	Adolescent Psychology	2-3
EDP 6210	Foundations of Educational Psychology	3
GSW 2100	Introduction to Queer Studies	3
GSW 2700	Social Science Perspectives on Gender, Sexuality, and Women	3
GSW/AFS 5110	Black Women in America	3
HE 3300	Health of the School Child	3

HE 6000	Yoga: History, Philosophy, and Practice	3
HE 6050	Mindfulness: Philosophy, Theory, Practice, and Research	3
HIS 2530/ PCS 2050/ PS 2550/ SOC 2050	The Study of Non-Violence	3
KIN 3540	Cultural Foundations of Kinesiology	3
KIN 5520	Sport Psychology	3
KIN 5523	Physical Activity and Exercise Psychology	3
LFA 1040	Healthy Lifestyle Basics	2
LFA 1470	Mindfulness, Fitness and Stress Management	2
Limit of 4 credit hours in LFA coursework can count toward the major in Community Health.		
MAE 1000	Detroit by the Numbers	3
MLS 3330	Medical Terminology	1
NFS 2030	Nutrition and Health	3
NFS 3230	Human Nutrition	3-4
NFS 3270	Eating Disorders	3
NFS 4160	Food Laws and Regulations	3
NFS 5220	Community Nutrition	2
NUR 4800	Transcultural Health Through the Life Cycle	3
PCS 3100	Human Trafficking and Modern Slavery	3
PH 2100	Introduction to Public Health	3
PH 2500	Race and Ethnic Disparities in Public Health	3
PH 3100	Social and Behavioral Aspects of Public Health	3
PH 3400	Health in All Policies	3
PH 3500	Environmental Health	3
PH/US 3550	Public Health and the City	3
PH 3600	Special Topics in Public Health	3
PH/SOC 3900	LGBTQ Health	3
PH 4600	Special Topics in Health Disparities	3
PHI 1110	Ethical Issues in Health Care	3
PHI 5250	Justice and Rights in Health Care	4
PHI 5330	Ethics, Law, and Health	4
PSY 2020	Research Methods In Psychology	4
PSY 2030	Statistical Methods in Psychology	4
PSY 2080	Introduction to Drugs, Behavior, and Society	3
PSY 2100	Psychology and the Workplace	3
PSY 2300	Psychology of Everyday Living	4
PSY 2400	Developmental Psychology	4
PSY 2600	Psychology of Social Behavior	4
PSY 3060	Psychology of Learning and Memory: Fundamental Processes	3
PSY 3200	Motivation, Feeling and Emotion	3
PSY 3250	Psychology of Gender	3
PSY 3310	Abnormal Psychology	4
PSY 3380	Human Sexuality	3
PSY 3430	Infant Development	3
PSY 3480	Parent-Child Interaction Across the Lifespan	3
PSY 3490	Psychology of Adult Development and Aging	3
PSY 4310	Psychological Disorders of Children	3
PSY 4330	Social Psychology of Close Relationships	3
SOC 2201	Race Relations in Metro Detroit	3
SOC 2202	Gendered Worlds	3
SOC 2203	Social Psychology	3

SOC 2205	Sociology of the Environment	3
SOC 2210	Sociology of Health and Medicine	3
SOC 2212	From Cradle to Grave: Drugs and Society Across the Life Course	3
SOC 3200	Methods of Social Research	3
SOC 3400	Exploring Marriage and Other Intimate Relationships	3
SOC 3710	Learning About Your Community Through Research	4
SOC 5360	Introduction to Medical Sociology	3
SOC 6750	Sociology of Urban Health	3
SPA 3050	Spanish for the Health Care Profession	3
UP 5430	Cities and Food	3

## Community Health AGRADE Overview

The Division of Kinesiology, Health, and Sports Studies (KHS) in the College of Education offers degrees that focus on the broad careers of health, wellness, exercise, sport, and human performance. With programs in Community Health (CH), Exercise and Sport Science (ESS), Health and Physical Education Teaching (HPET), and Sport Administration and Management (SAM), KHS prepares students to excel in a range of health-related professions.

The Community Health AGRADE program is available to academically strong students completing B.S. degrees in Community Health; Exercise and Sport Science; Health and Physical Education Teaching; and Sport Management so they can begin a master's degree while simultaneously completing their bachelor's degree. Coursework taken during a student's senior year (up to 16 credits) can simultaneously qualify toward the bachelor's and master's degrees. In this case, after completing any bachelor's degree in this division, students would have also completed a substantial portion of the coursework required for the Master of Science in Community Health. This allows motivated students the opportunity to complete the requirements for both degrees in an accelerated format.

Our bachelor's programs typically have between 15-25 elective courses in their plans of work. This AGRADE program allows students to utilize graduate courses in Community Health to fulfill these elective requirements. Students, in consultation with their advisor, can select Community Health graduate courses that count toward the student's bachelor's and master's degrees. The graduate coursework completed while enrolled as an undergraduate is assessed at the undergraduate tuition rate, resulting in significant tuition savings.

## Admission Criteria

Students may apply for the Community Health AGRADE program no earlier than the semester in which ninety credits are being completed. Applicants must have a minimum overall grade point average of 3.30. After admission, the AGRADE program requires a continuing undergraduate cumulative grade point average of at least a 3.30 and a grade of B or higher in Community Health master's coursework.

## Advising

AGRADE advising is provided by the Division of Academic Services College of Education.

## Eligible AGRADE Courses

The following table outlines the Community Health master's courses that could be included in an undergraduate plan of work. Students may take up to a maximum of 16 credits from the following list. In addition, other master's courses may qualify as exceptions.

Code	Title	Credits
HE 5522	Health Psychology	3
HE 6100	Health Communication Methods and Techniques	3
HE 6310	Reproductive Health Education	3
or HE 6320	Mental Health and Substance Abuse	
HE 6420	Introduction to Health Education Program Design	3
HE 6501	Measurement and Evaluation in Community Health Education	3
HE 6530	Principles and Practice of Health Education and Health Promotion	3
HE 6560	Integrating Evidence-Based Practices in Community Health: Translating Research-To-Practice	3
HE 6570	Advancing Community Health and Health Equity	3
KHS 8540	Theories of Health Behavior	3