

HEALTH AND PHYSICAL EDUCATION TEACHING (B.S.)

Degree: Bachelor of Sciences with a major in Health and Physical Education Teaching

Overview: *The B.S. in Health and Physical Education Teaching emphasizes obtaining knowledge in content areas and subdisciplines of Health and Physical Education. Candidates who successfully complete coursework and pass the Michigan Test for Teacher Certification in both content areas receive an initial teaching certificate in Health and Physical Education (grades K - 12) by the Michigan Department of Education.*

The curriculum includes: curriculum development for school Health and Physical Education teaching, implementing developmentally appropriate instructional for diverse learners, assessing Health and Physical Education content knowledge and skill proficiency, using instructional technology effectively, and demonstrating the qualities of a professional educator.

The program prepares candidates to meet proficiencies defined in several accreditation standards:

- The Michigan Interstate Teacher Assessment and Support Consortium (MI INTASC) Model Core Teaching Standards, adopted by the State Board of Education (SBE) in 2013, define the theoretical and practical knowledge, skills, and dispositions that all entry-level teachers should possess upon completion of an approved teacher preparation program.
- Michigan-specific content standards define the central concepts, tools of inquiry, and structures of the specific discipline(s) in which teacher candidates seek endorsement, as well as pedagogical applications of that disciplinary knowledge." *"Standards for the preparation of Health and Physical Education Teachers in Michigan."*

Admission Requirements: Undergraduate students entering Wayne State University, either from high school or transferring from other universities or colleges, are admitted directly into the Bachelors program. Admission questions should be directed to the Division of Academic Services, College of Education, 489 Education, phone 313-577-1601.

A minimum of 120 credits are required for completion of this degree: satisfaction of the University General Education Program (<http://bulletins.wayne.edu/undergraduate/general-information/general-education/>); All course work must be completed in accordance with the academic procedures of the College of Education (<http://bulletins.wayne.edu/undergraduate/college-education/academic-regulations/>) and University (<http://bulletins.wayne.edu/undergraduate/general-information/>) governing undergraduate scholarship and degrees. All major, minor, and education courses, must be completed with grades of 'C' or better and an overall 2.5 grade point average, to meet College graduation requirements. Course changes may occur through periodic curriculum revision and students are urged to consult assigned advisors prior to each registration period to insure that all requirements are met.

Degree Requirements

Code	Title	Credits
General Education Program		35
Health and Physical Education Teaching Level 1 Required Courses		42
KIN 5100	Anatomical and Physiological Bases of Physical Activity	
KIN 6110	Motor Learning and Development	
HPE 6120	Sports I	

HPE 6140	Fitness and Dance	
HPE 6200	Management and Instruction in Health and Physical Education	
HPE 6210	Curriculum and Instruction in Health and Physical Education	
HPE 6220	Technology in Health and Physical Education	
HPE 6230	Socio-cultural Issues in Physical Activity	
HPE 6400	Physical Activity in Pediatric Disabilities	
HE 6310	Reproductive Health Education	
HE 6320	Mental Health and Substance Abuse	
HE 6330	Health Behavior Change	
HE 6340	Advanced Concepts in Health	
HE 6360	Performance Based Assessment	
Health and Physical Education Teaching Electives		21
Students may select 21 credits of electives from the courses listed below or other electives approved by an advisor.		
HPE 6130	Sports II	
HPE 6150	Adventure and Outdoor Pursuits	
HPE 6160	Aquatic Leadership	
HPE 6410	Teaching Adapted Physical Activity and Sport	
HPE 6420	Teaching Aquatics to Special Populations	
HPE 6430	Physical Activity Assessment in Special Populations	
HPE 6440	Leadership Training and Practicum in Adapted Physical Education	
SED 5000	History, Philosophy, and Ethics of Teaching Students with Disabilities	
SED 5010	Inclusive Teaching	
SED 5080	Supportive Environments, Engaged Learning	
Health and Physical Education Teaching Level 2 Required Courses		22
HE 6500	Secondary Health Methods	
HPE 6510	Elementary Health and Physical Education Methods	
HPE 6520	Secondary Physical Education Methods	
HPE 6600	Student Teaching and Seminar	
RLL 6121	Teaching Reading in the Content Areas: Grades 6-12	
Total Credits		120

Adaptive Physical Education Concentration

The adaptive physical education concentration requires 21 credits of coursework, including the following:

Code	Title	Credits
Course Required in the HPET Major:		
HPE 6400	Physical Activity in Pediatric Disabilities	3
Courses that are Electives in the HPET Major:		
HPE 6410	Teaching Adapted Physical Activity and Sport	3
HPE 6420	Teaching Aquatics to Special Populations	3
HPE 6430	Physical Activity Assessment in Special Populations	3
HPE 6440	Leadership Training and Practicum in Adapted Physical Education	3
SED 5000	History, Philosophy, and Ethics of Teaching Students with Disabilities	2
SED 5010	Inclusive Teaching	2

SED 5080	Supportive Environments, Engaged Learning	2	HE 6330	Health Behavior Change	3
Total Credits		21	HPE 6400	Physical Activity in Pediatric Disabilities	3

Health and Physical Education Teaching AGRADE Overview

The Division of Kinesiology, Health, and Sports Studies (KHS) in the College of Education offers degrees that focus on the broad careers of health, wellness, exercise, sport, and human performance. With programs in Athletic Training (AT), Community Health (CH), Exercise and Sport Science (ESS), Health and Physical Education Teaching (HPET), and Sport Administration and Management (SAM), KHS prepares students to excel in a range of health-related professions.

The Health and Physical Education Teaching AGRADE program is available to academically strong students completing B.S. degrees in Community Health; Exercise and Sport Science; Health and Physical Education Teaching; and Sport Management so they can begin a master's degree while simultaneously completing their bachelor's degree. Coursework taken during a student's senior year (up to 16 credits) can simultaneously qualify toward the bachelor's and master's degrees. In this case, after completing any bachelor's degree in this division, students would have also completed a substantial portion of the coursework required for the Master of Science in Health and Physical Education Teaching. This allows motivated students the opportunity to complete the requirements for both degrees in an accelerated format.

Our bachelor's programs typically have between 15-25 elective courses in their plans of work. This AGRADE program allows students to utilize graduate courses in Health and Physical Education Teaching to fulfill these elective requirements. Students, in consultation with their advisor, can select Health and Physical Education Teaching graduate courses that count toward the student's bachelor's and master's degrees. The graduate coursework completed while enrolled as an undergraduate is assessed at the undergraduate tuition rate, resulting in significant tuition savings.

Admission Criteria

Students may apply for the Health and Physical Education Teaching AGRADE program no earlier than the semester in which ninety credits are being completed. Applicants must have a minimum overall grade point average of 3.30. After admission, the AGRADE program requires a continuing undergraduate cumulative grade point average of at least a 3.30 and a grade of B or higher in Health and Physical Education Teaching master's coursework.

Advising

AGRADE advising is provided by the Division of Academic Services College of Education.

Eligible AGRADE Courses

The following table outlines the Health and Physical Education Teaching masters' courses that could be included in a Bachelor (undergraduate) plan of work. Students may take up to a maximum of 16 credits from the following list. In addition, other courses may qualify as exceptions.

Code	Title	Credits
KIN 5100	Anatomical and Physiological Bases of Physical Activity	3
KIN 6110	Motor Learning and Development	3
HPE 6220	Technology in Health and Physical Education	3
HPE 6230	Socio-cultural Issues in Physical Activity	3