

SPORT COACHING MINOR

The Sport Coaching minor allows undergraduate students from any major to gain expertise and experience in coaching sports and other physical activities to populations across the lifespan.

The minor is a minimum of 15 credit hours consisting of the courses listed below.

The electives allow students to further develop sport coaching skills and knowledge by applying them to specific aspects of the coaching industry.

Code	Title	Credits
Required courses:		6
SAM 5510	Principles of Coaching	
KIN 5520	Sport Psychology	
Select 3 of the following courses:		9
KIN 3550	Motor Learning and Control	
KIN 3580	Biomechanics	
KIN 5100	Anatomical and Physiological Bases of Physical Activity	
KIN 6100	Methods of Group Training	
KIN 6120	Strength and Conditioning	
HPE 6120	Sports I	
HPE 6130	Sports II	
HPE 6200	Management and Instruction in Health and Physical Education	
HPE 6230	Socio-cultural Issues in Physical Activity	
HPE 6410	Teaching Adapted Physical Activity and Sport	
SAM 3010	Ethics in Sport	
SAM 5700	Sport Leadership	
SAM 6320	Youth Sports and Recreation	
SAM 6660	Risk Management in Physical Education and Sports	
LFA 2330	First Aid and CPR	
HE 3300	Health of the School Child	
HE 6320	Mental Health and Substance Abuse	
NFS 2030	Nutrition and Health	
NFS 3230	Human Nutrition	
NFS 3270	Eating Disorders	
TED 2250	Becoming an Urban Educator	
SED 5000	History, Philosophy, and Ethics of Teaching Students with Disabilities	
SED 5080	Supportive Environments, Engaged Learning	
MGT 2530	Management of Organizational Behavior	
EDP 3310	Educational Psychology	
EDP 5450	Child Psychology	
EDP 5480	Adolescent Psychology	
Total Credits		15