Physical Therapy Concentration (B.H.S.)

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Chairperson: Sara F. Maher  
Director: Kristina Reid, Physical Therapy Program  
https://cphs.wayne.edu/physical-therapy/  

Physical Therapists provide services to patients/clients who have impairments of body function and structure, activity limitations, and participation restrictions or changes in physical function and health status resulting from injury, disease, or other causes. Physical therapists collaborate with a variety of professionals, address risk factors to health, are leaders and providers in the areas of prevention and promoting health, wellness and fitness, serve as educators, consultants, administrators, and advocates, utilize critical inquiry skills and direct and supervise the provision of physical therapy services. Physical Therapy services include examination, evaluation, diagnosis, prognosis, and intervention primarily for individuals with musculoskeletal, neuromuscular, cardiopulmonary, and/or integumentary conditions. Physical therapists practice in a wide variety of settings including hospitals, outpatient clinics, private practice, schools, academia, home care, industrial clinics, sports clinics, rehabilitation centers, and health and wellness programs. Students interested in the physical therapy profession should also visit the American Physical Therapy Association (http://www.apta.org) website.

The physical therapy curriculum at Wayne State University is a professional degree program leading to the Doctor of Physical Therapy (http://bulletins.wayne.edu/graduate/college-pharmacy-health-sciences/health-care-sciences/physical-therapy-dpt/) degree. The entire program involves a pre-professional component: ninety credits of undergraduate course work; a first year of physical therapy courses taken under qualified graduate status; and the final two and one half years of Physical Therapy courses taken under regular graduate status. Only those portions of the program that may be completed during the first four years of what is usually construed as an undergraduate matriculation are presented in this Bulletin. The balance of the program is presented in the Graduate Bulletin.

The program of study in physical therapy is accredited by the:

Commission on Accreditation in Physical Therapy Education for the Doctor of Physical Therapy program  
Attn: Accreditation Dept.  
1111 N. Fairfax St.  
Alexandria VA 22314-1488  
(http://www.apta.org (http://www.apta.org/))

Graduates who receive a Doctor of Physical Therapy degree are eligible to take the national physical therapy licensure examination and the Canadian licensure examination and for active membership in the American Physical Therapy Association.

Admission Requirements

Admission to the Doctor of Physical Therapy (D.P.T.) degree program is required to complete the B.H.S. physical therapy concentration requirements. Admission to the D.P.T. program is highly competitive and requires completion of the pre-professional program with a minimum undergraduate GPA of 3.0 and a minimum C (2.0) grade in each prerequisite course. Students should refer to the Graduate Bulletin (https://bulletins.wayne.edu/graduate/college-pharmacy-health-sciences/health-care-sciences/physical-therapy-dpt/) for all admission and course requirements for the D.P.T. degree.

Program Requirements

PLEASE NOTE: Student may NOT apply to or earn the Bachelor of Health Science with a concentration in physical therapy degree retroactively or after a subsequent higher level degree has been conferred.

The Eugene Applebaum College of Pharmacy and Health Sciences has established a combined undergraduate and graduate program in Physical Therapy. Qualified senior students may enroll simultaneously in the undergraduate Bachelor of Health Science with concentration in physical therapy degree program and the graduate Doctor of Physical Therapy (D.P.T.) degree program and apply a maximum of thirty credits toward both the undergraduate and graduate degree. Those who elect the combined program may expect to complete the B.H.S. physical therapy concentration and the D.P.T. degrees in 6.5 years of full-time study.

Degree Requirements

All course work for the B.H.S. physical therapy concentration must be completed in accordance with the academic procedures of the University (http://bulletins.wayne.edu/undergraduate/general-information/academic-regulations/) and the College (http://bulletins.wayne.edu/undergraduate/college-pharmacy-health-sciences/academic-regulations/) governing undergraduate scholarship and degrees. Students will need to complete one hundred and twenty credits with a g.p.a. of 2.0 or better, including courses taken that apply to the concentration. Students who have successfully completed at least 30 credits at Wayne State University are eligible.

Course Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 1510</td>
<td>Basic Life Mechanisms</td>
<td>4</td>
</tr>
<tr>
<td>&amp; BIO 1511</td>
<td>and Basic Life Mechanisms Laboratory</td>
<td></td>
</tr>
<tr>
<td>BIO 2870</td>
<td>Anatomy and Physiology</td>
<td>5</td>
</tr>
<tr>
<td>Three credits of Biology at the 3000-level or higher (waived for students with a prior bachelor's degree)</td>
<td>3</td>
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<tr>
<td>PHY 2130</td>
<td>Physics for the Life Sciences I</td>
<td>4</td>
</tr>
<tr>
<td>PHY 2131</td>
<td>Physics for the Life Sciences Laboratory</td>
<td>1</td>
</tr>
<tr>
<td>PHY 2140</td>
<td>Physics for the Life Sciences II</td>
<td>4</td>
</tr>
<tr>
<td>PHY 2141</td>
<td>Physics for the Life Sciences Laboratory</td>
<td>1</td>
</tr>
<tr>
<td>Two chemistry courses with at least one lab, as long as topics do nót B-10 overlap (options for chemistry courses listed below)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHM 1020</td>
<td>Survey of General Chemistry</td>
<td></td>
</tr>
<tr>
<td>CHM 1030</td>
<td>Survey of Organic/Biochemistry</td>
<td></td>
</tr>
<tr>
<td>CHM 1100</td>
<td>General Chemistry I</td>
<td></td>
</tr>
<tr>
<td>&amp; CHM 1130</td>
<td>and General Chemistry I Laboratory</td>
<td></td>
</tr>
<tr>
<td>CHM 1140</td>
<td>General Chemistry II</td>
<td></td>
</tr>
<tr>
<td>&amp; CHM 1150</td>
<td>and General Chemistry II Laboratory</td>
<td></td>
</tr>
<tr>
<td>CHM 1240</td>
<td>Organic Chemistry I</td>
<td></td>
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<tr>
<td>&amp; CHM 1250</td>
<td>and Organic Chemistry I Laboratory</td>
<td></td>
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</tbody>
</table>

Non-Science Prerequisite Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 1020</td>
<td>Introductory College Writing</td>
<td>3</td>
</tr>
<tr>
<td>PSY 1010</td>
<td>Introductory Psychology</td>
<td>4</td>
</tr>
<tr>
<td>or PSY 1020</td>
<td>Elements of Psychology</td>
<td></td>
</tr>
<tr>
<td>STA 1020</td>
<td>Elementary Statistics</td>
<td>3</td>
</tr>
<tr>
<td>6 additional credits in upper division (3000 level +) courses concentrated in one area</td>
<td>6</td>
<td></td>
</tr>
</tbody>
</table>

General Education Requirements (waived for students with a prior bachelor's degree)
Civic Literacy (CIV)
Diversity, Equity and Inclusion (DEI)
Global Learning (GL)
Intermediate Composition (IC)
Oral Communication (OC)
Social Inquiry (SI)
Wayne Experience (WE)

Electives

B.H.S. Physical Therapy Concentration Courses
Select up to 30 credits of the following: 30

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PT 5010</td>
<td>Clinical Applications I</td>
<td>2</td>
</tr>
<tr>
<td>PT 5020</td>
<td>Foundations of Physical Therapy</td>
<td>2</td>
</tr>
<tr>
<td>PT 5030</td>
<td>Basic Patient Care in Physical Therapy</td>
<td>2</td>
</tr>
<tr>
<td>PT 5120</td>
<td>Human Growth and Development</td>
<td>2</td>
</tr>
<tr>
<td>PT 5300</td>
<td>Surface Anatomy</td>
<td>2</td>
</tr>
<tr>
<td>PT 5320</td>
<td>Basic Examination and Evaluation Procedures</td>
<td>3</td>
</tr>
<tr>
<td>PT 5400</td>
<td>Neurosciences for Health Care Professionals</td>
<td>3</td>
</tr>
<tr>
<td>PT 5410</td>
<td>Clinical Medicine I</td>
<td>3</td>
</tr>
<tr>
<td>PT 5430</td>
<td>Clinical Medicine II</td>
<td>3</td>
</tr>
<tr>
<td>PT 5500</td>
<td>Kinesiology and Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>PT 5505</td>
<td>Clinical Applications of Human Anatomy: Laboratory</td>
<td>2</td>
</tr>
<tr>
<td>PT 5510</td>
<td>Clinical Applications of Human Anatomy</td>
<td>2</td>
</tr>
<tr>
<td>PT 5650</td>
<td>Pathophysiology for Health Sciences</td>
<td>2</td>
</tr>
<tr>
<td>PT 5660</td>
<td>Pathokinesiology</td>
<td>2</td>
</tr>
<tr>
<td>PT 6300</td>
<td>Research I: Critical Thinking</td>
<td>2</td>
</tr>
<tr>
<td>PT 6310</td>
<td>Advanced Exercise Physiology</td>
<td>2</td>
</tr>
<tr>
<td>PT 6400</td>
<td>Teaching and Learning in Health Care</td>
<td>2</td>
</tr>
<tr>
<td>PT 6700</td>
<td>Motor Learning and Motor Control</td>
<td>2</td>
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</tbody>
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Honors Designation

Students enrolled in the Irvin D. Reid Honors College while completing the pre-concentration requirements will be eligible for the Honors distinction with the B.H.S. degree if all requirements set forth by the Honors College have been met.

PT 5010 Clinical Applications I Cr. 1
First part-time integrated clinical experience for physical therapy students. Orientation to clinical education and PT practice to develop professional behaviors, observation skills, fundamentals of written and verbal communication and basic examination and intervention skills in a clinical setting. Offered Winter.

Course Material Fees: $20

PT 5020 Foundations of Physical Therapy Cr. 2
Satisfies General Education Requirement: Writing Intensive Competency Sociological and historical background of the PT profession. Professional behavior, patient care interaction and medical terminology. Basic physical therapy care procedures, documentation, patient education, care in medical emergencies. Offered Fall.

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $90

PT 5030 Basic Patient Care in Physical Therapy Cr. 2
Introduction to the basic skills necessary for patient care and provide a foundation to the theory and practice of basic patient care procedures for the Physical Therapist. Offered Fall.

Restriction(s): Enrollment is limited to Graduate level students; enrollment limited to students in a Doctor of Physical Therapy degree; enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $25

PT 5070 Clinical Applications II Cr. 2
Second part-time integrated clinical experience for physical therapy students. This clinical education course includes and orientation to basic and intermediate examination and intervention skills, professional behavior, communication, documentation, inter-professional collaboration and team work. Offered Fall.

Prerequisite: PT 5010 (may be taken concurrently)

Course Material Fees: $30

PT 5100 Therapeutic Exercise I Cr. 3
Foundational course designed to focus on the principles and techniques of therapeutic exercise for patients with pathological conditions to the neuromusculoskeletal system. Students will develop and administer treatment plans for specific patient problems and progress treatment plans based on patient condition and response to treatment. Offered Fall.

Prerequisite: PT 5430 and PT 5500

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $100

PT 5120 Human Growth and Development Cr. 2
Theories and basic principles in prenatal, physical, sensorimotor, perceptual, cognitive, social, emotional and language growth and development. Implications for physical therapy evaluation and treatment of children with developmental disabilities. Offered Spring/Summer.

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $10

PT 5300 Surface Anatomy Cr. 2
Laboratory-based course teaching skills for soft tissue palpation, identification of surface anatomy landmarks, soft tissue mobilization and massage. Offered Fall.

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $10

PT 5320 Basic Examination and Evaluation Procedures Cr. 3
Lecture and laboratory experience focusing on principles and procedures of foundational medical screening, physical therapy differentiation, and clinical reasoning and decision-making skills; basic principles and techniques for posture, integumentary, neurological, range of motion, and strength examination and evaluation, documenting progress and outcome, and the continued development of patient care skills. Offered Winter.

Prerequisite: PT 5030 and PT 5300

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $10

PT 5400 Neurosciences for Health Care Professionals Cr. 3
Study of the human central nervous system; emphasis on sensory and motor systems and structures that contribute to normal movement. Offered Fall.

Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

Course Material Fees: $50

Equivalent: OT 5400
PT 5410 Clinical Medicine I Cr. 3
Designed to provide specific information needed by the physical therapist treating patients with a variety of diseases. Pathology, etiology, clinical signs and symptoms, prognosis, and treatment of a variety of illnesses and conditions relevant to physical therapy treatment are covered. The role of other health care specialists including physician, occupational therapist, speech pathologist, nurses and psychologists is explored. Offered Winter.
Restriction(s): Enrollment is limited to students with a major in Physical Therapy.

PT 5430 Clinical Medicine II Cr. 1
Disease processes, and medical and surgical interventions. Role of physical therapy as part of comprehensive multi-disciplinary health care team. Offered Spring/Summer.
Prerequisite: PT 5410
Restriction(s): Enrollment is limited to students with a major in Physical Therapy.

PT 5500 Kinesiology and Biomechanics Cr. 3
Normal movement and biomechanics applied to the human body. Offered Winter.
Prerequisite: PT 5505 and PT 5510 and PT 5400
Restriction(s): Enrollment is limited to students in the Pharmacy and Health Sciences.
Course Material Fees: $20

PT 5505 Clinical Applications of Human Anatomy Cr. 3
Knowledge of basic human anatomy for students in health science professional programs; foundation for further study in clinical sciences. Offered Fall.
Restriction(s): Enrollment is limited to students with a major, minor, or concentration in Occupational Therapy or Physical Therapy.
Equivalent: OT 5505

PT 5510 Clinical Applications of Human Anatomy. Laboratory Cr. 1
Examination of prosections, dissection of human cadavers; didactic study. Offered Yearly.
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.
Course Material Fees: $220
Equivalent: OT 5510

PT 5560 Pathokinesiology Cr. 2
A continuation of PT 5500 (Kinesiology and Biomechanics), this course is designed to teach foundational principles regarding biomaterials, key biomechanical and kinesiological principles of human movement as related to anatomy and physiology, and application of this information to clinical situations that involve alterations in movement. Analyses of pathological motion and pathokinesiology of selected joints will be included. Offered Spring/Summer.
Prerequisite: PT 5500
Corequisite: PT 5560
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.
Course Material Fees: $10

PT 5570 Special Test in Physical Therapy Cr. 1
A continuation of PT 5300 (Basic Evaluation), this course is designed to teach Special Test as part of a physical therapy examination. Student will relate the special tests to appropriate pathologies, perform and interpret the results of special tests and discuss hypotheses in light of evidence-based knowledge. Offered Spring/Summer.
Prerequisite: PT 5300
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

PT 5800 Clinical Education I Cr. 3
First of a four-course clinical education series. Six weeks of full-time supervised clinical experience for physical therapy students. Offered Yearly.
Course Material Fees: $20

PT 5820 Clinical Education II Cr. 3
Second of a four-course clinical education series. Six-week of full-time supervised clinical experience for physical therapy students. Offered Spring/Summer.
Restriction(s): Enrollment limited to students in the Doctor of Physical Therapy program.
Course Material Fees: $45

PT 5990 Directed Study Cr. 1-4
The remediation directed study has been designed to help students remediate for academic or clinical competency standards in the Physical Therapy program. The student will identify, based on performance areas of weakness on course content or clinical skills. Once identified a faculty mentor will assist the student in developing a plan to develop mastery of the content or clinical skills needed to be deemed competent in deficient areas and continue in the PT program. The remediation plan will then be implemented by the student. Offered Every Term.
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.
Repeatable for 8 Credits

PT 6100 Therapeutic Exercise II Cr. 3
Advanced application of principles and techniques of therapeutic exercise; evaluation and modification of therapeutic exercise plan of care, based on physical and functional responses and characteristics of patients or clients. Offered Fall.
Prerequisite: PT 5100
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.
Course Material Fees: $15

PT 6300 Research I: Critical Thinking Cr. 2
Introduction to evidence-based practice and clinical reasoning and decision making. Identification, location, critique and analysis of evidence. Offered Fall, Winter.
Restriction(s): Enrollment limited to students in the Doctor of Physical Therapy program.

PT 6310 Advanced Exercise Physiology Cr. 2
Metabolic, neuromuscular, cardiovascular, and respiratory adjustments to acute and chronic exercise in health and disease, including body composition and weight control, nutritional considerations, and the effects of different environments on exercise performance. Offered Fall.
Equivalent: KIN 6310, PSL 6010

PT 6410 Special Topics in Physical Therapy I Cr. 2
This course will cover the topics of teaching and learning, professionalism, cultural sensitivity and being successful as a physical therapy graduate student. Offered Spring/Summer.
PT 6420 Special Topics in Physical Therapy II Cr. 2
This course will cover the topics as related to the Physical Therapy including, Legal and Ethical Issues, Mental Health Considerations, and Complementary Therapies in Rehab. Offered Spring/Summer.
Restriction(s): Enrollment is limited to students with a major in Physical Therapy.

PT 6430 Special Topics in Physical Therapy III Cr. 2
This course will cover advance topics as related to the Physical Therapy including, Diversity and Implicit Bias, Oncology, and professional and individual aspects related to the transition from student to clinician. Offered Winter.
Restriction(s): Enrollment is limited to students with a major in Physical Therapy.

PT 6500 Pharmacology Cr. 2
Effects of drug distribution, absorption and excretion as pertaining to physical therapy. Major drug categories, OTC, and nutritional supplements, pertinent to acute and chronic responses to physical therapy; indications, mechanisms, effects. Offered Fall.
Prerequisite: PT 5430 and PT 5650
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

PT 6700 Motor Learning and Motor Control Cr. 2-3
Current theories and concepts in processes of motor skill acquisition and performance, from a behavioral objective. Additional evidence-based case reports required if elected for three credits. Offered Winter.
Prerequisite: PT 5400 with a minimum grade of C-
Restriction(s): Enrollment limited to students in the Pharmacy and Health Sciences.

ADAMO, DIANE: Ph.D., University of Michigan; M.S., B.S., Wayne State University; Associate Professor
DICKSON, JENNIFER: D.P.T., M.P.T., B.S., Oakland University; Clinical Assistant Professor
FRITZ, NORA E.: Ph.D., D.P.T., The Ohio State University; B.S., Miami University; Assistant Professor
HANNUM, NANETTE: D.P.T., Grand Valley State University; B.S., Belhaven College; Assistant Professor (Clinical)
MAHER, SARA F.: D.Sc.P.T., Oakland University; M.P.T., B.S., Wayne State University; B.A., Western Michigan University; Associate Professor (Clinical)
MALEK, MOH: Ph.D., University of Nebraska-Lincoln; M.S., California State University Fullerton; B.A., The Claremont Colleges, Pitzer College; Associate Professor
MOUL, ANDREW: D.P.T., Wayne State University; Assistant Professor (Clinical)
PARDO, VICKY: D.H.S., University of Indianapolis; M.H.S., University of Indianapolis; B.Sc., University of Ottawa; Assistant Professor
PEPIN, MARIE-EVE: D.P.T., MGH Institute of Health Sciences; M.S., Oakland University; B.S., McGill University; Clinical Assistant Professor
POCIASK, FREDRICK: Ph.D., Wayne State University; M.S., B.S., Oakland University; Associate Professor
REID, KRISTINA: D.P.T., Wayne State University, M.S, P.T., Oakland University; Assistant Professor
ROCHE, JOSEPH A.: Ph.D., University of Maryland, Baltimore; B.P.T., Christian Medical College; Assistant Professor
SCHILLER, MARTHA: D.P.T., University of St. Augustine; M.S.A., Central Michigan University; B.S. University of Western Ontario; Clinical Assistant Professor